

Практическая работа №14

Тема: Здоровый образ жизни и забота о здоровье: Заболевания и их лечение.

Содержание работы:

1. Записать лексику по теме в тетрадь
2. Выполнить упражнения №1,2,3,17(на повторение специальных вопросов)

Список лексики по теме:

Healthy здоровый
be in good health Иметь хорошее здоровье
be in good shape/fit Быть в хорошей форме
patient пациент
be ill/feel ill болеть
be in poor health Иметь плохое здоровье
fall ill заболеть
catch a disease заразиться
catch cold простыть
get better становиться лучше
recover выздоравливать (восстанавливаться)
ache боль
toothache/headache/stomachache Зубная боль/головная боль/Боль в животе (желудке)
pain боль
to have a sore throat Больное горло (ангина)
have a fever лихорадить
high blood pressure Высокое кровяное давление
sneeze чихать
runny nose насморк
cough кашель
nausea тошнота
dizziness головокружение
heart attack Сердечный приступ
appendicitis аппендицит
bronchitis бронхит
flu грипп
Prescription рецепт
A medical certificate справка
A sick leave больничный

1. Proverbs and Sayings:

Translate and find Russian equivalents (Переведите и найдите русские эквиваленты):

1. An apple a day keeps a doctor a day.
2. A sound mind in a sound body.
3. Health is better than wealth.
4. Prevention is better than cure.
5. Health is not valued till sickness comes.
6. Early to bed and early to rise makes a man healthy, wealthy and wise.
7. Fit as a fiddle.
8. Read and translate the text.

2. Translate the text Переведите текст

Health

When we are ill, we call a doctor, and he examines us and diagnoses the illness. When we have a headache, a stomach ache, a sore throat, a cold, or a pain in some parts of the body, we call a doctor. He takes our temperature and our pulse. He examines our heart, our lungs, our stomach or the part where we have pain, and tells us what the matter is with us. The doctor prescribes medicine, and gives us a prescription, which we take to the chemist's, who makes up the medicine. If you follow the doctor's orders, you get better; if you disobey the doctor, you may get worse, and even die. We must obey the doctor, if we want to get better. If we have a temperature, we must stay in bed and take the medicine he prescribes. If we cannot get

better at home we must go to hospital. If we are too ill to walk, we go to hospital in the ambulance. After our illness we can go to a sanatorium until we are strong again.

When we have toothache, we go to the dentist's. He examines our teeth, finds the tooth which hurts us, stops or extracts it. Now here in Russia health system incorporates a variety of medical institutions. The medical service in Russia is of two kinds. Some state establishments give their employees medical insurance cards. They guarantee the people free of charge medical assistance. Some medical establishments charge fees for treatment.

They may be rather high, but our medical service now uses all modern equipment and medicines and provides qualified medical help to all people.

3. Find English equivalents in the text:

Выписать лекарство, Вам может стать хуже, современное оборудование, квалифицированная медицинская помощь, скорая помощь, лёгкие, аптека, соблюдать постельный режим, страховые медицинские полисы, медицинские учреждения, система здравоохранения, санаторий, осматривает зубы, вырывает его.

17 Here are the answers. Write the questions to them.

1. Hockey is a very attractive game.
Why ?
2. A football team consists of 11 players.
How many ?



3. Men are more interested in sport than women.
Who ?

4. Cricket is the fairest game in the world.
Which ?

5. Climbing is one of the most dangerous sports.
What kind ?

6. Field hockey is played during summer.
When ?

7. Football is popular in schools, colleges and universities.
Where ?

8. Horseball is a game played on horseback where a ball is handled and points are scored by shooting it through a high net.
How ?

9. Sambo is a Russian martial art and combat sport.
Whose ?

10. The marathon is a long-distance running event with an official distance of 42.195 kilometres.
How long ?

